



ALL SAINTS  
ANGLICAN  
CHURCH

**All Saints Anglican Church Weekly Update Nov 25, 2018**  
**Christ the King Sunday**



**There will be a potluck lunch this Sunday, Nov 25th after the service.**

**Everyone is invited, and we particularly invite those who are new to the parish.**

**Please bring a dish to share.**

**Servant Schedule - 10:00 am**

Sides - Floyd and Agnes  
Reader - Sharon  
Communion Assts - Ross and Faith  
Coffee - Lynda  
Greeters - The Wasylik Family  
Altar Server - Gabi

**Regular Weekly Events**

Sunday - Morning Service @ 10:00am  
Wednesday - Mid-Week Eucharist 11:30am  
Thursday - Service at Bethany at 10:30am

*Building +  
The Body of Christ*

**Thank-you to all those that have returned their pledge cards. The deadline to return them has been extended to this Sunday, Nov 25. If you did not receive your pledge card in the mail due to the strike, there are some extras on the table in the church foyer.**

**The 2019 Offerings Envelopes are ready for pick-up at the back of the church. Please be sure to take the box with your name on it.**



*Sounds of the Season*

**MUSIC THROUGH THE AGES**

**Taking you on a musical journey through time with Advent and Christmas music from the medieval music period through to the present day. Listen, watch and sing some ancient, familiar and new songs of Christmas.**

**Join us at the church on Sunday, Dec 16th at 6pm.**

**Donations will be accepted for the Morley Grief & Loss Program.**



**You are invited to enter into the season of Advent with a quiet day of worship, prayer, reflection, silence and sharing at All Saints Family Retreat Centre. Join facilitators**

**Elizabeth Short, Karen Wold, Alicia Dykstra and guests from the Calgary Association of Spiritual Exercises Apostolate (CASEA). Saturday, Dec 1st, 9:15 am to 3:30 pm All Saints Family Retreat Centre. To register, call 403.660.5636 or email elizabeth@en-courage.ca SIGN-UP SHEET IN THE FOYER Suggested Donation: \$30 (includes lunch)**

**#AdventWord 2018**  
 2 Dec #Journey 14 Dec #Prune  
 3 Dec #Watch 15 Dec #Prepare  
 4 Dec #Focus 16 Dec #Rejoice  
 5 Dec #Night 17 Dec #Sing  
 6 Dec #Light 18 Dec #Ancestor  
 7 Dec #Sprout 19 Dec #Wash  
 8 Dec #Alert 20 Dec #Ablaze  
 9 Dec #Wild 21 Dec #Sign  
 10 Dec #Cry 22 Dec #Expect  
 11 Dec #Grow 23 Dec #Persist  
 12 Dec #Rough 24 Dec #Peace  
 13 Dec #Smooth 25 Dec #Celebrate  
 www.AdventWord.org   

**#Advent Word starts next Sunday, Dec 2. Help create a global calendar.**

Please click on the link to sign up and receive your daily meditation and reflection word:

**[Advent Word 2018](http://www.AdventWord.org)**



**It's a great time to get some Christmas baking and gift ideas!**

**When: Sunday, Dec 2 from 9:30am-12:30pm**

**DONATIONS WELCOME! Drop off your baked goods and crafts on Saturday, Dec 1 between 9am-noon.**



**The Photography Club will meet on Tuesday, Nov 27 at 7:00pm**

**All ages and abilities are welcome!**



**WINTER STILLNESS RETREAT at Mt St Francis Retreat Nov 30-Dec 2**

**Unplug & rest in the silence and beauty of the setting. To register, please contact: mtfrancis@shaw.ca or Ph: 403-932-2012**



**Please help the Cochrane Activettes in their "SHARE YOUR CHRISTMAS" program.**

**The Cochrane Activettes have dropped off a wrapped box in the church foyer to build hampers for the less fortunate and provide a happy Christmas for them. Any donation is appreciated but they are in need of the following gifts: new pajamas, new t-shirts, socks, sweaters & leggings. Also needed are new toques/mitts/gloves/scarfs for children & teens and new family games, toys and books for all ages. Please place a label with the appropriate age on any handmade toques/mitts in order to help the volunteers**



## Holiday Food Drive

IYAH RHE  
NAKODA  
FOOD BANK  
needs your  
help!

Morley was informed last week that their usual supplier of Christmas hampers would not be able to provide for them this year. They typically provide 100 hampers in the community and usually get 2 to 3 times that in applications.

How you can help? Contribute either financially or with a food donation. Sponsor a family or two. Volunteer - they will need extra man power to pack hampers Dec. 19 & 20, and lots of help for distribution day Dec. 21. For more info, please contact Cheryl at [cheryl.buchanan63@gmail.com](mailto:cheryl.buchanan63@gmail.com) or the Nakoda Food Bank at 403-881-2766.

while they are separating items into age and gender groups. The box will be picked up on Sunday, December 16th after the service.

Also, the Food Bank is low on the following kind of unexpired, non perishable food: Rice, Juice, Cereal, Peanut Butter, Canned chicken, ham & salmon.



### MINDFULNESS & MEDITATION

Give yourself the gift of time for quiet and contemplation each week with The Rev. Elizabeth Short.

Spend an hour each week to:

- Connect with the Divine
- Be still
- Find fellowship and connection

Tuesdays from 6:30-7:30pm  
Cochrane Wellness Connection  
(All Saints Family Centre)  
Donations gratefully accepted  
**EVERYONE IS WELCOME!**  
To register or for info, call  
403-660-5636 or  
E: [elizabeth@en-courage.ca](mailto:elizabeth@en-courage.ca)



The  
Anglican  
Diocese of Calgary

Happy Anniversary to us!  
125 years as a Diocese.  
The Diocese of Calgary Diocesan Council has chosen to support **Habitat for Humanity**. We are offering a challenge to all parishes and parishioners - we are going to match ALL donations up to \$100,000  
For more information on how to support this cause, please click on the following link:  
[Habitat for Humanity](#)  
Challenge ends: Dec 30, 2018



Purchase your grocery cards and support your church!!  
NEXT DATE: SUNDAY, DEC 2

Please bring cash or cheque

### CALGARY HITMAN CHRISTMAS MIRACLES NIGHT

The Calgary Hitmen are excited to join SHINE FM to support their "Christmas Miracles 2018" Campaign. This year, \$5 from every Christmas Miracles ticket sold will go towards local families in need this Christmas. For ticket purchase, click on the

Just a friendly reminder to e-mail any announcements to the Tech Team by

Thursdays to: [tech@allsaintscochrane.org](mailto:tech@allsaintscochrane.org)

link: [Christmas Miracles Night](#)  
Each ticket purchased through the Promo Code: FAITH, is only \$15 - and that's for any seat in the 'Dome. Sat, Dec 1st at 7pm.



The ladies will meet for coffee at Guy's on Fri, Nov 30 at 10:00am

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Treasurer	(403) 932-6556	<a href="mailto:treasurer@allsaintscochrane.org">treasurer@allsaintscochrane.org</a>
Worship	(403) 835-8783	<a href="mailto:anne@allsaintscochrane.org">anne@allsaintscochrane.org</a>
Children's Ministries	(403) 803-7106	<a href="mailto:bdrmcrae@shaw.ca">bdrmcrae@shaw.ca</a>
Small Groups		<a href="mailto:jharbidge@shaw.ca">jharbidge@shaw.ca</a>
Tech Team		<a href="mailto:tech@allsaintscochrane.org">tech@allsaintscochrane.org</a>

Parish Council: Ruth-Anne Marley (People's Warden), Floyd Siegle (Incumbent's Warden), Linda Derkach, Faith Brace, Elizabeth Short