



ALL SAINTS  
ANGLICAN  
CHURCH

**All Saints Anglican Church Weekly Update Mar 17, 2019**  
**The Second Sunday in Lent**

**Regular Weekly Events**

Sunday - Morning Service @ 10:00am  
Wednesday - Mid-Week Eucharist 11:30am  
Thursday - Service at Bethany at 10:30am



**The ACW will meet on Tuesday, March 19th at 5pm for a potluck with the meeting to follow around 6:30pm. Jen Singh will be there as a guest speaker. All ladies of the church are welcome!**



**The Photography Club will meet on Tuesday, March 19 at 7:00pm**

**All ages and abilities are welcome!**



**Grocery cards will be sold the 1st and 3rd Sunday of each month.**

**Please purchase some cards and support your church.**

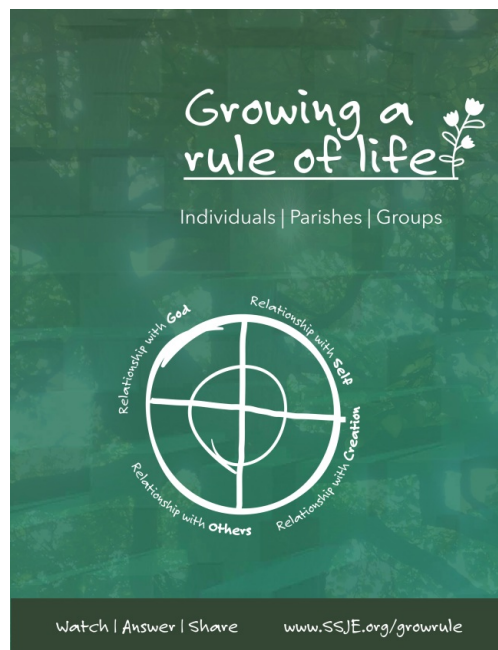
**We are now accepting credit and debit cards to purchase your grocery cards so you can rack up your Airmiles or other points programs. However, the company charges 2.65% per transaction for this service which we will have to pass along to you in order to continue contributing money to our Building Fund.**

**Cash and cheque are still accepted at no extra charge.**

**Servant Schedule - 10:00am**

Sides - Faith and Lorne  
Reader - Margaret H.  
Communion Assts - Lydia and Floyd  
Coffee - Sharon  
Greeters - Milli and Lydia  
Altar Server - Gabi

**In preparation of Lent, we are using a six week journey of reflection from the SSJE with the theme of "Growing a Rule of Life". God, the Chief Gardener of our souls, invites us to grow into fullness of life. Just as stakes and lattices nurture the growth of young plants, so too can spiritual disciplines support the flourishing of our whole being.**



**Subscribe to receive the daily series' video meditations from the SSJE Brothers directly in your inbox or view on-line by clicking on the link: [GROWING A RULE OF LIFE](http://www.SSJE.org/growrule) The above link also includes a downloadable 16 page printable**



## Anglican Laity Retreat

This preached silent retreat comes at a perfect time - the weekend before Palm Sunday. Do you crave a quiet weekend away? A weekend of God's presence? Time to take a walk in the woods? Delicious home-cooked meals prepared by someone else? Your room is waiting.

Date: Friday dinner to Sunday after lunch, April 5 - 7

Theme: "Who do you say that I am?"

Where: Mount St. Francis Retreat

Cost: \$195 but nobody is turned away. Anything above that is eligible for tax receipt.

For Questions or to Register:

Leon/Statia Demers

403-242-1332 or [leon-statia@shaw.ca](mailto:leon-statia@shaw.ca)

March 22-24: Women's Weekend

The theme is "Who do you say I am?"

To register please contact:

Teresa Grice 403-329-8967

[teresa.grice2@alumni.uleth.ca](mailto:teresa.grice2@alumni.uleth.ca) OR

Jane Gainer 403-857-8000

[jgainer@ualberta.ca](mailto:jgainer@ualberta.ca)

Website: [Mount St Francis](http://Mount St Francis)



The Anglican Diocese of Calgary

### Anglican Journal Readers Asked to Confirm Subscriptions

Anyone wishing to continue receiving paper issues of the Anglican Journal by mail must confirm their subscription by June 1. A toll-free number has been set up for calls: 1-866-333-0959. In addition, parishioners can email [yes@national.anglican.ca](mailto:yes@national.anglican.ca) or confirm by mail at: Anglican Journal, 80 Hayden St, Toronto, ON M4Y 3G2. You may also fill in the on-line form by clicking on:

[Anglican Journal](#)

Your cooperation is appreciated and will help the Anglican Church of Canada update its membership lists

### Images of Spirituality

April 5 to 7, Entheos Retreat Centre  
Images of Spirituality is a group of

workbook with reflections and space for daily questions. We will also have color hard-copies available at the back of the church on Sunday. Please take one! A colorable Lenten calendar with \$1 suggested donation is also available.

A six week Small Group session on the theme "Growing a Rule of Life" will continue Sunday, March 10 after the service. Please sign up at the back of the church.

A special Children's session "God, the gardener of our souls, and we are the young plants" will be presented in Sunday School with a fun approach to learning about this year's Lenten theme.



For the March 2019 edition of the ACW Newsletter from the Diocese of Calgary, please click on the following link: [ACW Newsletter](#)



### Reconciliation and Healing

The service on Sunday, March 24

will be a service of healing which will include an opportunity for individual prayer, laying on of hands and anointing with oil. In preparation for that service, the Rev. Faith Brace has written articles about confession and healing. Please click on the following links to read:

[Healing](#)  
[Reconciliation](#)

There will also be hard copies available at the church. If you have questions about the service, please contact Fr Greg at Ph. 403-390-9187 or The Rev. Faith Brace at 403-669-4882.

ecumenical Christian women of all ages who gather once a year to learn, discuss, listen, sing, worship and reflect together.

This year (our 30th gathering) our theme is "Praying Outside the Lines."

To learn more about this Weekend, visit our website [Images of Spirituality](#)

Helping Hands has a client that is looking for a single/twin bed. It should be clean, without stains, and without damage. It would be great if it can be delivered to our storage unit here in Cochrane. However, we can organize a volunteer to come and pick it up.

Please contact Sandra Scott if you are able to lend a Helping Hand:  
ph. 587-580-9448

programsmanager@helpinghandscochrane.ca



Just a friendly reminder to e-mail any announcements to the Tech Team by Thursdays: [tech@allsaintscochrane.org](mailto:tech@allsaintscochrane.org)



Elizabeth Short

Facilitator, Elizabeth Short, Director of Encourage, is offering a 6 week course on Grief Support for Loss of a Loved One.

March 11 to April 15, 1:30 to 3:00 pm in the Family Center

\*Register by email, [elizabeth@en-courage.ca](mailto:elizabeth@en-courage.ca)  
Or phone, 403-660-5636

\*Fee - Pay what you are able (normally \$120 for 6 sessions). For more information, please click on the link: [Grief Support](#)



The ladies will meet for coffee on Friday, March 22 at 10:00 am

Please note that there is a change of venue for this week only. Please meet at Grande Avenue Village, just north of the movie house.

Incumbent - Greg Clark	(403) 390-9187	<a href="mailto:greg@allsaintscochrane.org">greg@allsaintscochrane.org</a>
Parish Office - Sonya Pasloski	(403) 932-6556	<a href="mailto:AllSaintsSonya@outlook.com">AllSaintsSonya@outlook.com</a>
Treasurer - Sonya Pasloski	(403) 932-6556	<a href="mailto:treasurer@allsaintscochrane.org">treasurer@allsaintscochrane.org</a>
Worship - Anne Stead	(403) 835-8783	<a href="mailto:anne@allsaintscochrane.org">anne@allsaintscochrane.org</a>
Children's Ministries-Rose Mcrae	(403) 803-7106	<a href="mailto:bdrmcræ@shaw.ca">bdrmcræ@shaw.ca</a>
Small Groups - Jackie Harbidge		<a href="mailto:jharbidge@shaw.ca">jharbidge@shaw.ca</a>
Tech Team - John Stead		<a href="mailto:tech@allsaintscochrane.org">tech@allsaintscochrane.org</a>

Parish Council: The Rev. Greg Clark, Ruth-Anne Marley (People's Warden), Floyd Siegle (Incumbent's Warden), The Rev. Faith Brace, The Rev. Deacon Elizabeth Short, George Giesbrecht (Parish Council Member), Stephen Armitage (Parish Council Member)