



ALL SAINTS ANGLICAN CHURCH

All Saints Anglican Church Weekly Update Mar 31, 2019 The Fourth Sunday in Lent

Regular Weekly Events

Sunday - Morning Service @ 10:00am
Wednesday - Mid-Week Eucharist 11:30am
Thursday - Service at Bethany at 10:30am



**Please stay for
a pancake
brunch
after the
service this
Sun, March 31**

**Everyone welcome!
A free-will offering will be taken**



Anglican Laity Retreat

**This preached silent
retreat comes at a perfect time - the
weekend before Palm Sunday. Do you
crave a quiet weekend away? A weekend
of God's presence? Time to take a walk
in the woods? Delicious home-cooked
meals prepared by someone else? Your
room is waiting.**

**Date: Fri to Sun after lunch, April 5 - 7
Theme: "Who do you say that I am?"**

Where: Mount St. Francis Retreat

**Cost: \$195 but nobody is turned away.
Anything above that will be eligible for a
tax receipt.**

**For Questions or to Register:
Leon/Statia Demers**

403-242-1332 or leon-statia@shaw.ca

**For other retreats, please visit their
website: [Mount St Francis](http://MountStFrancis.org)
March 29-April 3: Men's Serenity Weekend
April 12-14: Couples Weekend**

Servant Schedule - 10:00am

Sides - Stephen and Ruth-Anne
Reader - Meredith
Communion Assts - Lydia & Diane M.
Coffee - Lynda
Greeters - Pat and Morris



To view Father Greg's Facebook
page, please click on the symbol.



Walk of the Cross

The 31st annual
walk of the Cross
will be held on
Friday, April 19th
at 10:00am.

All Saints Church has signed up to
participate in this ecumenical
event. We need 2 cross bearers
and 1 reader. If you are
interested, contact Sonya at
403-932-6556 or E:
AllSaintsSonya@outlook.com



The Primate's World Relief
and Development Fund
THE ANGLICAN CHURCH OF CANADA

**PWRDF is responding to two
ACT Alliance emergency
appeals for Cyclone Idai relief
with an initial pledge of
\$30,000 for Mozambique and
\$20,000 for Zimbabwe.
Cyclone Idai has caused loss of
life, destruction of property and
displacement in the two
countries as well as
neighbouring Malawi. For more
information and how to
help, please click on: [PWRDF](http://PWRDF.org)**

Images of Spirituality

April 5-7, Entheos Retreat Centre
Images of Spirituality is a group of ecumenical Christian women of all ages who gather once a year to learn, discuss, listen, sing, worship and reflect together.

This year (our 30th gathering) our theme is "Praying Outside the Lines." To learn more about this Weekend, visit our website:

[Images of Spirituality](#)



Facilitator, Elizabeth Short, Director of Encourage, will be offering another 6 week course on "Grief Support for Loss of a Loved One" in the Family Center. Please

contact her at elizabeth@en-courage.ca
Or phone, 403-660-5636 to indicate dates/times you would prefer. When a group is put together, dates/times for the next session will be confirmed.

*Fee - Pay what you are able (normally \$120 for 6 sessions). For more information, please click on the link: [Grief Support](#)



The ladies will meet for coffee on Friday, April 5 at 10:00 am



Grocery cards will be sold the 1st and 3rd Sunday of each month.

Cash/cheque free of charge, debit/credit with 2.72% transaction fee accepted.

Please purchase some cards and support your church.

With 5 Sundays in March, they will also be sold this Sunday, March 31



Blessed to be a Blessing:

Estate Planning for Everyone

Please join us Sunday, May 5 after worship for a lively presentation and discussion about how giving can bring joy and peace of mind to the giver. Joe Stolee and Pamela Giles from Faithful Servant Consulting will share stories and explore a bit of theology. They will offer practical information about how we can bless both the people we love and the causes we believe in through careful estate planning. None of us knows what the future holds; the ideal time to begin making (or to refine) these plans is now! More details to follow.

In preparation of Lent, we are using a six week journey of reflection from the SSJE with the theme of "Growing a Rule of Life". God, the Chief Gardener of our souls, invites us to grow into fullness of life. Just as stakes and lattices nurture the growth of young plants, so too can spiritual disciplines support the flourishing of our whole being. Subscribe to receive the daily series' video meditations from the SSJE Brothers directly in your inbox or view on-line by clicking on the link:

[GROWING A RULE OF LIFE](#)

The above link also includes a downloadable 16 page printable workbook with reflections and space for daily questions. We will also have color hard-copies available at the back of the church on Sunday.

A six week Small Group session on the theme "Growing a Rule of Life" will continue this Sunday after the service. A special Children's session "God, the gardener of our souls, and we are the young plants" will be presented in Sunday School with a fun approach to learning about this year's Lenten theme.

Just a friendly reminder to e-mail any announcements to the Tech Team by Thursdays: tech@allsaintscochrane.org

Incumbent - Greg Clark	(403) 390-9187	greg@allsaintscochrane.org
Parish Office - Sonya Pasloski	(403) 932-6556	AllSaintsSonya@outlook.com
Treasurer - Sonya Pasloski	(403) 932-6556	treasure r@allsaintscochrane.org
Worship - Anne Stead	(403) 835-8783	anne@allsaintscochrane.org
Children's Ministries-Rose Mcrae	(403) 803-7106	bdrmcræ@shaw.ca
Small Groups - Jackie Harbidge		jharbidge@shaw.ca
Tech Team - John Stead		tech@allsaintscochrane.org

Parish Council: The Rev. Greg Clark, Ruth-Anne Marley (People's Warden), Floyd Siegle (Incumbent's Warden), The Rev. Faith Brace, The Rev. Deacon Elizabeth Short, George Giesbrecht (Parish Council Member), Stephen Armitage (Parish Council Member)